



**You are cordially invited to attend  
The Greater Central New York Association of Health Underwriters  
(GCNYAHU) June 2006 membership meeting where  
Mark L. Shaffer, RHU - NAHU's Region 1 Communications Chair,  
will be our guest speaker.**

**When:** Tuesday, June 20, 2006

**Where:** Justin's Grill\* (directions below)  
6400 Yorktown Circle, Syracuse, NY (off Carrier Circle)

**Time:** 10:00 a.m. to 12:00 p.m. (Registration starts at 9:30 a.m.)

**Cost:** NAHU Members - \$20; Non-NAHU Members - \$25  
(join GCNYNAHU at the meeting and receive the member rate)

**Tips, Tricks & Techniques: New ideas...using technology to our advantage**

- Navigating the World of Technology
- Understanding the NAHU website
- Keeping Track of Important Information
- Organizing Your E-mail Browser

Mr. Shaffer's background consists of 27 years of financial marketing experience. He is a principal of several service and financial marketing organizations operating throughout the U.S. Mr. Shaffer devotes time speaking to industry and trade groups across the nation. Many of his articles addressing technology, employee benefits and retirement planning issues have been published in industry trade publications across the country.

RSVP by Thursday, June 15th by contacting  
Michele Luke [mlopez@cdphp.com](mailto:mlopez@cdphp.com) (315) 894-4575 or  
Rock Schneider [rschneider@uhc.com](mailto:rschneider@uhc.com) (315) 433-5708

\*NYS Thruway to Exit 35. Thru toll booth and follow Carrier Circle to 4<sup>th</sup> off ramp (Route 298). Take 1<sup>st</sup> left onto Old Collamer Road. Go through stop sign to Justin's Grill on left side.

*Did you know that your membership dues can be renewed and paid monthly via monthly deduction on your credit card? To learn more about this easy payment method, please contact Michele Luke or Rock Schneider at the numbers listed above*